

Alpine Park Karwendel

Round trip variation „Professional“

True mountain bike pros will get their money's worth on this bike tour.

But the star of the show is someone else - the Karwendel mountains!

It is no coincidence that the Karwendel Alpine Park is the oldest and one of the largest nature reserves in Tyrol. No other region in the Northern Limestone Alps has been able to preserve its wildness and diversity in such a genuine way.

The scenic highlights of the region are countless: Lake Achensee nestles like a fjord between the high mountains and shines in Caribbean turquoise. Impressive mountain ranges border flower-filled alpine pastures. Ancient giant trees await the astonished biker in the Eng. And the wild rivers of the Karwendel continue to carve their untamed path to this day. All this diversity and many other highlights make this tour an experience of superlatives - not least in terms of sport.

Highlights

- Achensee steam cog railroad - put into operation in 1889, one of the oldest steam cog railroads in the world
- Tiroler Steinöl Vitalberg - known for its extraordinarily beneficial and healthy effects, Pertisau
- Großer Ahornboden, Eng
- Alpine Park Karwendel with magnificent panoramas
- Gleirsch Gorge, Scharnitz
- Lakescape on the Seefeld Plateau, Seefeld
- Innsbruck old town with Golden Roof, Innsbruck
- Bergisel ski jump and museum "Das Tirol Panorama", Innsbruck
- Mining town of Schwaz with silver mine and Fuggerhaus

Route characteristics

- Mostly wide farm tracks, forest paths and easily manageable single trails
- Individual stages offer extension options to nearby mountain pastures

Level of difficulty

Variation Professional 

- Skilled handling of mountain bike required – especially going down hill
- Several demanding up and downhill passages
- Suitable for young people from the age of approx. 14 years (appropriate enthusiasm for cycling and biking skills required)

Alpine Park Karwendel – Variation „Professional“

Arrival | Travel time | Type of trip

- Daily from June 15th to September 15th 2026
- 5 days | 4 nights or 4 days | 3 nights
- Loop tour - approx. 190 cycling km | approx. 3.780 m ascent ↑
- Individual cycling trip
- From 2 persons (single travelers on application)

Itinerary

Day 1: Individual journey to Schwaz

Welcome to Schwaz in Tyrol. The era in which Schwaz was considered a European hotspot due to its trade in special ores was a long time ago, but the town still impresses today with its lovingly preserved town center, historical cultural treasures and cosmopolitan flair.

Surrounded by proud mountain ranges, it offers the ideal starting point for this “sprint mountain bike tour” through the Karwendel mountains.

Day 2: Schwaz – Plumsjoch – Risstal (Hinterriss/Eng) (approx. 50 km | 1.190 m ascent ↑)

The ‘silver city’ of Schwaz (545 m) is left in the direction of Jenbach on a leisurely cycle, before tackling the ascent to the shores of Lake Achensee (930 m). From Pertisau, a challenging climb then leads up to the Plumsjoch (1.650 m), from where you can tackle the brilliant descent down to the alpine village of Eng (1.200 m) with the “Großer Ahornboden” nature reserve.

Day 3: Risstal (Hinterriss/Eng) – Leutasch (approx. 55 km | 1.200 m ascent ↑)

This king’s stage of the tour first makes its way from the “Großer” to the “Kleiner Ahornboden” and then on to the majestically enthroned Karwendelhaus (1.770 m). The route then leads in “downhill mode”, first to Scharnitz and then leisurely on to the stage destination of Leutasch.

Day 4: Leutasch – Innsbruck – Schwaz (approx. 85 km | 1.390 m ascent ↑)

Visits to the Olympic regions of Seefeld and Innsbruck form the heart of this stage. In between, before and after, a fine mix of uphill and downhill sections on well-surfaced forest paths provides a pleasant balance to the two previous very sporty stages through the Karwendel massif.

Day 5: Individual Journey Home or Extension

Included Services | Price per Person | Extras

Included Services

- ✓ Accommodation in carefully selected Hotels/Guesthouses
- ✓ 4 resp. 3 overnight stays including large breakfast buffet
- ✓ Luggage transport from hotel to hotel
- ✓ INNTOUR navigation app with digital travel documents | GPS data available via navigation app
- ✓ Phone service daily from 8:30 am to 7:00 pm

Prices

	per Person
- Accommodation in double rooms	Euro 830,00
- Single room surcharge	Euro 155,00
- Leaving on day 4	Euro 738,00
- Single room surcharge leaving on day 4	Euro 128,00

Locally varying taxes (local taxes, etc.) - if applicable - are not included in the travel price; payable on site.

Extras

	per Person
- Bike rental	on request
- Electric Mountain Bike Rental	Euro 295,00
- Extra night in Schwaz in DR/B&B	Euro 92,00
- Extra night in Schwaz in SR/B&B	Euro 119,00
- Bike Guide (also for single stages)	on request